

INSTITUTE OF SOCIAL WORK

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INVITATION TO ATTEND SHORT COURSE ON GUIDANCE AND COUNSELING SKILLS

1. Introduction

The Institute of Social Work (ISW) is one of the public higher learning institutions in Tanzania that was established under Act No. 26 of 1973 (as amended by the Miscellaneous Act No. 25 of 2002). The major functions of the Institute are to conduct training, research and consultancy in areas of social work and other related fields. Pursuant to its functions, the Institute strives to seek solutions to problems facing the public. Towards this regard, the ISW has realized, in the face of the pertinent social, psychological and economic challenges facing the society today that there is need to conduct short course on guidance and counseling in order to equip different actors with knowledge and skills in addressing the emerging social problems.

2. Course Description and Objectives

Tanzania is faced with number of social, psychological and economic problems resulting from challenges caused by among others; poverty, globalization, diseases and behavioral change. These changes have resulted into complex crisis such as Child Abuse, Drug Abuse, Gender Based Violence and Conflicts among Students. In view of the above, the Institute of Social Work intents to run short course on specialized skills in guidance and counseling in order to achieve the following objectives;

- ✓ To orient participants on the general knowledge of guidance and counseling.
- ✓ To equip participants with specialized skill in guidance and counseling.
- ✓ To enable participants, understand roles and ethics of guidance and counseling
- ✓ To enable participants to acquire knowledge on different patterns of human behavior development.
- ✓ To equip participants with practical skills in managing conflicts in different social settings.
- ✓ To equip participants with practical skills in modifying behavior among the population at risk.

2. Course Participants

- ✓ The course is intended for;
- ✓ Deans and wardens of students
- ✓ Counselors
- ✓ Nurses
- ✓ Social welfare officers
- ✓ Community based workers and parole officers
- ✓ And other interested participants

3. Course Content

The training will cover the following main topics;

- ✓ Genesis of Guidance and Counseling
- ✓ Human Behavior Development
- ✓ Roles, Responsibilities and Qualities of Counselor
- ✓ Ethical Issues and Dilemma in Counselling
- ✓ Career Counseling
- ✓ Advocacy and Lobbying Skills
- ✓ Behavior Management/Modification Skills
- ✓ Practicing Counseling Skills

5. Course Facilitation

The training will be delivered by competent and well experienced facilitators/ instructors in guidance and counseling from the Institute of Social Work. Training methodology will include lectures, brainstorming, case studies, group assignments, discussions, demonstration and role play.

6. Course Duration, Venue and Modality of Payments

The course will be conducted in two phases.

- i. From **25th to 29th March, 2019** at the Institute of Social Work (DSM)
- ii. **From 19th to 23rd August, 2019 in Mwanza.**

Fee for the course is **TZS 500,000/=** per participants to cover tuition fee, training materials, breakfast, lunch and certificate of attendance. Participants will have to arrange for their own travel, accommodation and upkeep while attending the course. Payments may be in cheque or cash directly deposited to Institute of Social Work CRDB Bank account number **O1J1013365500 (CONTROL NUMBER 994980000072)**. No cash payment is allowed at the Institute. Early confirmation and registration is highly encouraged and appreciated.

7. Contact persons

For more details, please contact the following course coordinators;

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Your cooperation is highly appreciated.



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**Minani Ntahosanzwe
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